



THIRD ANNUAL
BIKE RIDE
(ROCK AND ROLL)

Saturday,
September 11, 2004

*Starting in Springfield, Minnesota
this 30/50 mile ride on scenic paved
country roads leads you to
the historic Jeffers Petroglyphs,
over a blend of rolling hills
and prairie flats back to Springfield.*

BIKE RIDE
P.O. Box 22
Springfield, MN 56087



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(ROCK AND ROLL)

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Sponsored by:
Springfield Trails Committee
*Proceeds to be used to develop
trails in the Springfield area*

The Route

"Petroglyph Pedal" begins at 9:00 a.m. at the Springfield Area Community Center. There will be two concurrent routes of 30 and 50 miles. The ride will take place on paved county roads in Brown, Cottonwood, and Watonwan counties.



Petroglyph Pedal BIKE RIDE

LAST NAME

FIRST NAME

ADDRESS

CITY

STATE

ZIP

In consideration of being allowed to participate in the Bike Ride, I hereby agree to hold the City of Springfield, its agents and employees, harmless and I waive any right to make any claim against the city or anyone working on its behalf for any injuries or damages related to the negligence of the city. I am entering at my own risk with the full understanding of the inherent dangers of bicycling. I also agree to conduct myself in a safe manner during the ride. **EVERYONE SIGN BELOW, PLEASE**

Mail registration form(s) and applicable fees to:

Mary Schmitz

P.O. Box 22

Springfield, MN 56087

Checks payable to: City of Springfield

Date

Entrant's signature

Circle preferred T-Shirt size
S M L XL

Signature of parent/guardian if entrant is under 18

The Rest Stops

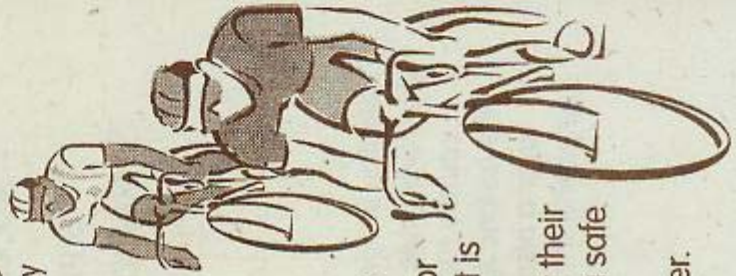
Each of the three rest stops will have water, fruit and other food available. Stores in the communities of Darfur and Comfrey are also located along the 50 miles route. You will be able to catch a ride back to Springfield from each of the stops should you decide not to ride the entire route.

Breakfast

A continental breakfast will be available the day of the Ride. Serving starts at 7:00 a.m. at the registration site.

Camping/Showers

The Rothenburg Campground in Springfield's Riverside park is just a block away from the registration site. Heated showers are available for bike ride participants. There are campsites available by reservation, call the Springfield Area Community Center, 507-723-3517.



"Petroglyph Pedal" is neither a race nor a test of stamina. It is intended that all participants ride at their own pace and in a safe and responsible manner.

Registration

Registration fee is \$20 per person, and includes admission to the Jeffers Petroglyphs and a souvenir T-Shirt.

Registration occurs from 7:30 a.m. until 9 a.m. at the Springfield Area Community Center.

A Family Ride option is available for \$40 and includes 2 T-shirts. Additional T-shirts, if available, can be purchased for \$15 each.

Pre-registration required by Sept. 1, 2004 to ensure a T-Shirt

A downloadable registration form is available at www.springfieldmn.org in the 'All Around Town' section.

SAG Wagon and Door Prizes

provided by

Nicollet South Bike Shop,

Nicollet, Minnesota

Questions

If you have any questions or comments please contact:

Mary Schmitz

Springfield Area Community Center

Phone:

507-723-3517

e-mail address:

commctr@springfield-sanborn.net